



The Fellowship Chronicles

May 2019



Inside this issue:

| | |
|------------------|---|
| Upcoming Events | 2 |
| A Message of Joy | 2 |
| Today's Funny | 3 |
| Poetry Corner | 5 |
| Near Avon, NY? | 6 |
| Board Updates | 6 |

For Submissions:

- *Newsletter submissions are always welcomed.*
- *Email Brandon at bjopko@hotmail.com to get yours in the next edition.*
- *The next newsletter will be published in August, 2019.*

A Testament for the Power of Healing

The following is a story from Stephen Noviello and his life changing experience. Some of us may remember Stephen as he was part of Yeshua's Healers group.

Before I get into my experience with Barbara, I want to share with you what actually brought me to her door step.

I am an American born Italian who was raised in a very strict Catholic home. Although my faith in the Catholic church was broken, I still believed in what I was taught to be truth.

My wife was working at the Gate House, an end of life Hospice facility. She started telling me things that she saw working in that environment. Then she started telling me spiritual concepts that, to be honest, made me mad. The

concepts were all contrary to what I knew as truth.

One day my wife told me she is going to see this woman named Barbara Waldeisen who was a medium. I was not happy about it. The night before her appointment, just before I went to sleep, I asked my father to come to my wife's reading. My dad died when I was 17. My thought process was, this was going to be a test to see if Barb was for real or not.

I came home from work the next day and the first words out of my wife's mouth were, "You aren't going to believe this but your father was the first one to come through at my reading today." She went on to tell me, "Your dad wanted to be first and was strong willed about being heard." Well, my jaw dropped. First with him showing up and second, his behavior at the reading described him to a 'T'.

A few weeks went by and my wife, Debbie, had ... continued on pg 4

A Message of Joy



As a high school teacher, I become especially attuned to the warmer days, colorful blooms, and brighter mornings of Spring. Each signals newness of experience as well as a day closer to summer vacation. I began an exploration this winter in hopes of further defining and understanding alignment and joy.

What I share is the result of meditation, prayer, discussion, and unabashed love and learning:

When you feel unbound pure joy, you have tapped into the holy flame, the oneness of consciousness, your God-self. Joy is not happiness for happiness tries to control, hold on to, and create the sensation of joy instead of the experience. Joy is the desired alignment between what is, what has been, and what will be. It is the acceptance of an ultimate shift upwards, the pinnacle of culmination of mind, body, and soul alignment and united thought. It is the closest we can possibly get to the ever-after without crossing over. We need to observe and notice the things that bring us joy and honor that which experiences joy as a habitual part of their being.

You see, we often feel that the ability to experience joy is lost, but in reality, we displace joy with other priorities: we have to do the laundry, we have to finish the report, we have to meet such and such or so and so. We tell you to let it all go. Instead of focusing on ... continued on page 5

Upcoming Events:

2019 Dates

- May 18th—**Intro to Healing** with Don Gilbert & Marta Shumylo at Bliss Wellness Center, Newburgh, NY. Contact Marta directly to register.
- May 25th—**Return to Paradise One-day Healing Retreat** with Don Gilbert & Adriene Nicastro-Santos at James Rose's wooded paradise, South Williamsport, PA. Register online.
- June 14-16th—**Weekend Healing Retreat** with Rev. Penny Donovan & Don Gilbert at White Eagle, Hamilton NY
- September 13-15th—**Weekend Introspective Retreat** with Don Gilbert & Adriene Nicastro-Santos
- October 25-27th—**Wholehearted Spiritual Living Retreat** with Don Gilbert at White Eagle, Hamilton NY
- November 15-17 **Weekend Healing Retreat** with Rev. Penny Donovan & Don Gilbert at White Eagle, Hamilton NY

Today's Funny



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Sacred Garden Fellowship

Now, it's that kind of commitment that you have to have if you're going to be a healer/ teacher. That is never a part-time, sometime, when-I-feel-like-it job. When you have said, "I want to heal or I want to teach," – they're the same thing – you have to make a commitment that you are going to do the very best that you know how to do and you are not going to listen to the ego self of you that's going to throw every fear in the world in your face and say, "Here, deal with that one!" You're going to say, "I am a child of God. I am *Spirit in form* and I will live my life from the Spirit of me, which is the God Self of me. Everything I chose to do, I do with power."

- Excerpt from *Healing: Lessons from Archangel Gabriel* by Rev. Penny Donovan

Power of Healing continued

made another appointment with Barb. The night before Debbie asked me if I wanted to go in her place. I said, “Debbie I have so much work stacked up on my desk, there is no way I can go.” The next day, I got into my office and the things I had to do were either done, or I accomplished them with ease. I took this as a sign that maybe I should go to see Barb. So, I went.

We rang the doorbell and this nicely dressed woman answered the door and invited Debbie and I in. She hugged me, then looked me in the eyes, with her piercing blue eyes, and says, “Stephen, your life will never be the same.” I was a bit surprised by such a direct comment within 20 seconds of knowing her.

The reading was incredible. Of course, the family members who came to the reading was nice, but there was so much more to the reading. She introduced concepts to me that made so much sense. She explained what our real relationship with God is and how it has nothing to do with fear and everything to do with love. As she was talking to me, I could almost feel the weight I was carrying being lifted off my shoulders. She talked to me about healing and miracles. This really got my attention as I was living with a great deal of pain. I had three back surgeries that had all failed. The doctors said there was nothing they could do and all filled out paperwork for disability. I could no longer do what I once did so I changed occupations. As I listened to her explain how healing happens, on all levels, I knew I needed to pursue a different direction spiritually.

Barb also introduced me to the teachings of Gabriel. She even gave me a CD to listen to. Quite honestly, the reading was over two hours and it seemed like ten minutes. After the reading, she invited me to come to a meeting that she would

facilitate, to learn more spiritual concepts and sit in the healing chair. I was in.

The meeting started with a prayer. Then Barb did some teaching and we moved into healing. There was a chair set in the middle of a circle of people. Barb asked me to sit in the chair, so I did. The healing was done by two people who placed their hands on the back of your neck. When the healing started, my muscles started to quiver. The light behind my eyes was a brilliant white. Then images started in my mind’s eye. I started crying. I felt like I was not in my body. After it was over, I returned to my seat not knowing what the heck just happened. Some of the people there gave me messages but I felt so different. I noticed my back pain was very diminished.

After we left the meeting, I kept in touch with Barb and told her as each day went by that my pain was less and less. After two weeks, I was pain free and was able to do things I haven’t been able to do for years. After a few months, I had a doctor appointment. It was a follow up for all my back issues. They did X-rays to check if my condition was getting worse. The doctor came in and I told him I had no pain. He asked me to do a few things to check my mobility. He kept asking me, does that hurt? My answer was no. I will never forget what he said to me. He said, “Steve, there are things in the medical field we cannot explain. Your back is actually in worse condition than it was 6 months ago yet you have no pain and very little limitation. I suggest you thank God every morning before your feet hit the floor because this is a miracle.”

Barb was correct, my life changed that day. My back is healed and I am on a completely different spiritual path which changed everything.

Stephen A. Noviello

Poetry Corner

Trust

Humbly trusting to receive a healing during the last Sacred Garden Retreat, Three days later I arose from my bed and jumped right to my feet.

After thanking God for this glorious day and dedicating myself to Divine Service, I made the familiar morning walk physically at ease but mentally nervous.

'Twas then that I joyously realized I had been walking alone, unaided, with no need for the use of canes – my Spirit soared – I was elated!

No words can capture the gratitude that overflows throughout my Being, Trusting that Spirit wants the best for me has been miraculous and truly freeing.

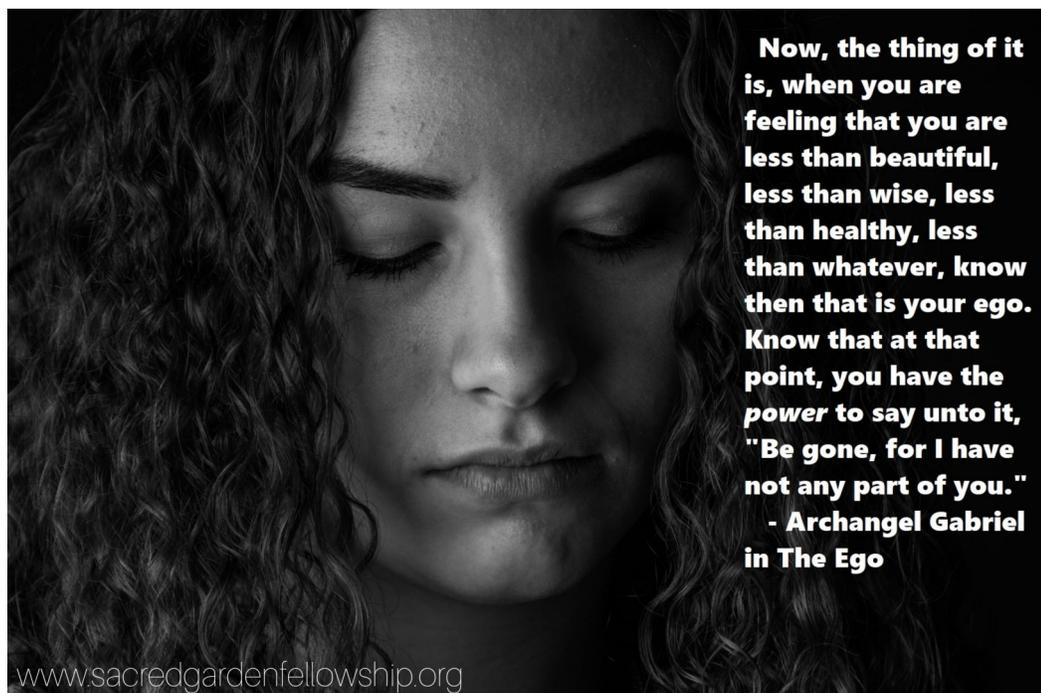
I know, I trust - this is the beginning of my astounding future – a new start... Leading to magnificent manifestations of the Love Song that fills my Heart.

- Kathryn Romani

Joy continued

the have-to's, focus on the are's and what is. Look for models you can emulate as platforms for a rebirth of joy. The child who dances with glee to a song only they can hear, splashing in puddles in a rainstorm on a summer day, a cat who rests in a sunny spot free from guilt. Each a freedom of expression, void of judgement and gloriously real. The confusion that joy is an end destination is incorrect, instead we must find joy in the paths we walk, the experiences we create, and the relationships we enter into. It is through joy and the embracing of all as a perspective that we will begin to understand and see the truth of what joy truly is.

- Sarah Bordi



Near Avon, NY?

Ellen Douglas, who has known Penny Donovan for years, has let us know that she hosts a weekly workshop for spiritual seekers. Please see below for details.

- **Email:** lndouglas731@gmail.com
- **Subject:** Weekly workshop in Avon, NY
- **Message:** Please know that a ACIM group meets every Tuesday at 12 noon at my home in Avon, NY. PLUS the second Tuesday is GABRIEL Tuesday when we share Archangel Gabriel's lessons in truth. Contact 585-226-3866 for directions & info.

SGF Board Update

- **New publications** —We are delighted to offer three newly released publications (titles shown below) that Archangel Gabriel gave us long ago concerning the ego. You can purchase them either at retreats or on Amazon (just search for Rev. Penny Donovan)
- **Audio available** —Peter Santos has re-done SGF's audio page—just click on 'Store' then 'Audio' to view all the titles broken down by speaker e.g. Gabriel, Solomon, Yeshua and Stella.
- **Are you holding local events?** If you're hosting local events promoting or sharing Gabriel or other Master Teacher books or retreat material, be sure to let SGF know so that we can help promote it on social media. Get your events noticed!

