



***Sacred Garden Fellowship***  
***Spiritual Energy Healing Certification Program***

Spiritual energy healing is a practice whereby the healer raises their awareness to open to the presence of God within and calls forth the same in the person being healed (healee) for the purpose of assisting the healee in removing the cause of physical, mental, or emotional blockages and/or dis-ease states. The process, as taught by Master Teachers through Rev. Penny Donovan, includes setting clear intent, prayer, light hands-on-healing, and remote healing.

Sacred Garden Fellowship's (SGF's) Spiritual Energy Healing Certification Program is designed to educate students in the teachings of SGF, familiarize them with the presence of divine energies, have them practice and experience healing through both receiving and performing spiritual energy healing, and mentor/guide them towards becoming a wise, compassionate, and competent spiritual energy healer.

As a spiritual healer operating in alignment with the teachings of SGF, healers hereby affirm to:

- first and foremost, do no harm;
- do the very best to see people in their truth, beyond appearances;
- discern illusion from truth, glamor from true love, peace, and joy;
- respect all forms of life and people of all creeds, religions, spiritual practices, races, genders, and sexual orientations;
- bring healing to the world by being loving, joyful, and peace-filled to the best of their abilities;
- acknowledge that they are not doing the healing but that the healee is through Union with God/Divine Source;
- explain spiritual healing in clear, simple terms to healees;
- begin and end healings with a prayer;
- ask permission when approaching others for healing, confirming their desire for healing;
- lightly lay hands on the individual, only with their permission, giving preference to the healee with regards to any physical contact for the sole purpose of healing;

- be an open and clear conduit for divine healing energy by doing ongoing spiritual development;
- recognize that everyone has free will to use healing energy however they choose, even if that means passing;
- obey all federal, state, and local laws;
- remain within the scope of any professional training and not practice beyond it, including when intuitive messages are given (for example, a minister/healer with no formal psychotherapy or psychology training must not offer counseling or therapeutic advice or guidance as it is beyond their professional scope);
- acknowledge that a healee who experiences physical or emotional pain may need to be immediately referred to a medical professional;
- protect all information related to an individual's healing by maintaining confidentiality unless said individual gives direct consent to share;
- remain in good ethical standing by honoring the physical, mental, emotional, social, and spiritual boundaries of healees at all times and by abiding by the Sacred Garden Fellowship Certified Spiritual Healer's Code of Ethics/Standards of Practice (Code); and
- agree that a violation of the Code results in the immediate revocation of the Spiritual Energy Healing certification.

### ***Program Requirements - New Students***

Students must submit an application for enrollment in SGF's Spiritual Energy Healing Certification Program, along with a \$35 application fee. Once accepted, the following is required to receive certification:

1. Study ALL of the materials listed below. For a minimum of twelve books/audio recordings from the list, submit a summary for each (250-word minimum) that includes a reflection on the material and a description of how the information will be incorporated into your healing practice. Summaries are required for those materials indicated with an asterisk \*.
  - a. Books
    - i. \* *Healing: Selected Lessons from Archangel Gabriel* by Rev. Penny Donovan
    - ii. \* *Introduction to Practical Spirituality: Selected Lessons from Archangel Gabriel* by Rev. Penny Donovan (included in the *Introduction to Practical Spirituality* 9-week class)

- iii. \* *Christ Becoming: The Lives of Jesus & His Path to the Christ* by Rev. Penny Donovan
  - iv. \* *The Art of Spiritual Healing* by Joel Goldsmith
  - v. *Recognizing Your Power: Archangel Gabriel* by Rev. Penny Donovan
  - vi. *Vibrations: Archangel Gabriel* by Rev. Penny Donovan
  - vii. *Spirit, Form, and Healing: Archangel Gabriel* by Rev. Penny Donovan
  - viii. *Will, Faith, Helpfulness, Love: Archangel Gabriel* by Rev. Penny Donovan
  - ix. *The Anatomy of a Miracle: Archangel Gabriel* by Rev. Penny Donovan
  - x. *Energy Healing Experiments: Science Reveals Our Natural Power to Heal* by Gary Schwartz
- b. Audio recordings
- i. \* *Consciously Planning Your Life: Archangel Gabriel* (included in the *Introduction to Practical Spirituality* 9-week class)
  - ii. *Sacrificing Attachments/Healing and Our Egos*, Healing Retreat, Feb. 2010
  - iii. *Teaching and Healing: Lessons by Yeshua*, Healing Retreat, Aug. 2009
  - iv. *Truth and Its Natural Law: Male-Female Energies*, Healing Retreat, Feb. 2011
  - v. *Perfect Trust*, Gabriel evening lesson, Sep. 1995
  - vi. *The Christ Within*, Gabriel evening lesson, Dec. 1998
- c. Class
- i. \* *Introduction to Practical Spirituality* 9-week class, which includes the video *Consciously Planning Your Life: Archangel Gabriel*, and the book, *Introduction to Practical Spirituality: Selected Lessons from Archangel Gabriel*
2. Attend a total of seven Sacred Garden Fellowship weekend retreats, which include Healing retreats, Intensive retreats, or Introspective retreats. Following each retreat, students must submit an essay (250-word minimum) reflecting on each retreat and what they gained from it. Students must attend at least one Intensive or Introspective weekend retreat to meet the requirements.
  3. While enrolled in the Program, complete forty documented spiritual energy healings using the principles learned in the SGF material and at SGF retreats.
  4. While enrolled in the Program, successfully complete a minimum of six mentoring sessions per year with a designated Program mentor to discuss essay submissions, progress, and questions.
  5. Meet with a retreat mentor during weekend retreats to discuss questions, experiences, and progress.

6. Complete an exit interview with a designated Certificate representative and pay the \$75 Certification fee.

### ***Requirements for Being Grandfathered***

Individuals may be grandfathered as SGF Certified Spiritual Energy Healers:

1. by being official members of Yeshua's Healers or Educators group and by having attended at least two SGF weekend retreats in the past three years (based on the launch date of this program); or
2. by having attended at least seven SGF weekend retreats, including at least two weekend retreats over the past three years (based on the launch date of this program); and
3. by being in good ethical standing; and
4. by submitting a \$35 Certification fee.

### ***Program Cost***

The cost of the SGF Spiritual Energy Healing Certification Program for new students is as follows:

1. Certificate application fee - \$35 (due at time of application);
2. The cost of attending the required seven retreats (due two weeks prior to the start of each retreat);
3. Administration fee - \$195 per year while enrolled in the Program (due one month after application and annually thereafter until Program is completed);
4. Program mentor fee - \$100 per session (minimum six per year while enrolled in the Program and payable at the time of sessions);
5. Retreat mentor group meetings during retreats - \$30 per session (payable at the time of the meetings);
6. Books, audio recordings, and any supplies are the responsibility of the student; and
7. Final certification documentation and exit interview - \$75.

## ***Maintenance of Certificate***

1. Uphold good ethical standing.
2. Attend at least two Sacred Garden Fellowship weekend retreats per year.
3. Certificates are valid for a length of two years from the date received. Each healer is responsible for renewing their certificate by the expiration date to remain active.  
Renewal fee is \$75.

## ***Optional Ordination***

Once healers have met all the Program requirements and officially receive the designation as a Sacred Garden Fellowship Certified Spiritual Energy Healer, they can apply for ordination through the Church of Sacred Healing. Note that ordination is solely for the purpose of conducting spiritual energy healing and does not include spiritual mentoring, guidance, or counseling. See the Church of Sacred Healing for more information or to apply for ordination.