



The Fellowship Chronicles

January 2018



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For Submissions:

- Newsletter submissions for the next edition will be accepted until March 28th, 2018
- Email Brandon at bjopko@hotmail.com for submissions
- The next newsletter will be published in April, 2018.

A Letter of Love



My Dear Friends,
What I have brought into my knowingness this year, I would like to share with you. I have worked on myself throughout the year, by going to a small intensive retreat as well as self-study

work through the Pathways of Light.

I have learned why I fear. I have learned where that fear has come from, over time and space. I have learned that fear has no hold on me today. I have learned to look at how I react to people and how people react ... continued on pg. 6

A Message from Spirit—The Immaculate Conception

The following was received by Miriam from L.V.C. in spirit.

We celebrate Christmas differently over here. We gather by the thousands in one place to see and hear Mother Mary and Gabriel tell of her encounter with the Archangel and to be shown how he awakened Mary's Christ

Center by opening her awareness to that which was within her – the living Presence of God. Thus her consciousness was joined to God's in a union of such grace as to produce All-Encompassing Love, boundless, a Christ Consciousness so pure... continued on pg. 2

The Immaculate Conception continued

it would manifest a form – Yeshua.

After this is shown and explained, Yeshua tells us what it is like to have such an awareness of God that you cannot be deceived by the ego. There comes an awakening of eternal Life that erases all fear of death.

Once the fear of being destroyed is gone, you have the strength and courage to face anything, for you know there will never be a time when you will not exist. You are filled with the energy of life which is all around you, and you can love without fear. So you love your enemies because you do not see anyone who can harm you.

Then those who have demonstrated the first murmurings of their own Christ come forward and receive a blessing from Yeshua. Those still in physical bodies, who have experienced their Christ awakening, are also recognized and receive profound spiritual blessings from Yeshua. It is all so powerful and beautiful to receive a blessing that causes every ounce of spiritual joy to fill you so that your very soul sings.

--Merry Christmas--

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Upcoming Events:

2018 Dates

- January 26-28th Weekend Healing Retreat at White Eagle, Hamilton, NY
- February 11th **Community Healing Webinar** from 2-4 p.m.
- February 17-18th *Advanced Psycho-Spiritual Healing Retreat* (One Day Intensive) and *Spiritual Healing: Opening Our Awareness* (Sunday Talk), Donald Gilbert and Adriene Nicastro-Santos, Center for Contemporary Mysticism, Philadelphia, PA.
- March 16-18th Weekend Healing Retreat at White Eagle, Hamilton, NY
- April 13-15th Intensive Workshop with Don Gilbert
- April 22nd **Community Healing Webinar** from 2-4 p.m.
- May 4-6th Weekend Healing Retreat at White Eagle, Hamilton, NY
- June 3rd **Community Healing Webinar** from 2-4 p.m.
- June 15-17th Intensive Workshop with Don Gilbert at White Eagle
- July 27-29th Weekend Healing Retreat at Mount Carmel Spiritual Centre in Niagara Falls, Canada



Healing with Donkey Ears

Laughter is the best medicine is especially true when healing the inner child.

It all started when Miriam encouraged me to make a donkey ears hat for Donald. This was all the six year old inner child needed to hear.

You see, her adult self only lets her play with her grandson because he's safe and he does not say hurtful things, reject, or get angry with her. So allowing her to play around with adult people was a huge step.

Donald knew she was up to something when he saw her sneaking around with a twinkle in her eye. He even asked her what she was up to.

She laughed and giggled the whole time she was collecting the materials and as she was making it, she even got her friend Tammy to help. When they were done they wrapped it up. She was exhausted from all the laughing and giggling.



She was excited and nervous for Donald to open up his gift. She was like a child at Christmas time. For a short period of time she felt like running away but she realized the love in the room and knew she was safe.

He opened up his gift and put his donkey ear hat on for everyone to see. He even allowed pictures to be taken.

I am sure that no one could imagine or even thought that a healing was taking place as he put the donkey hat on.

It brought so much healing to that six year old inner child. This was the first time that little girl felt love from an adult. There are no words that can express the gratitude of that healing.

The Teachers asked me to share my experience to help all of us realize that healing comes in many ways. It doesn't always have to be serious and it doesn't matter what we may look like. IT IS THE CHRIST LOVE THAT IS SHARED THAT HEALS. For love heals all.

I would like to thank everyone for not judging, and for joining in the love and laughter. Thank you Miriam for the idea and permission to make the hat.

A special thanks to Donald for being such a good sport. Thank you for allowing my six-year-old to come out and play. To be mischievous and laugh without being punished and just showing her love.

I am filled with gratitude to have you all as my spiritual family.

In Light and Love, Sherry Snook

Yeshua from Layers and Aspects of God (2017) in response to a question on Divine Mind: "He placed in this creature which turned out to be man and women.

The divine mind is that aspect which knows everything. Not just what is seen, or heard, or touched or felt, but everything. It is that aspect of man that can transcend physicality and reach into the higher realms while still in the flesh. It's that aspect of you that you seek when you meditate. It's that aspect of you that wants to know God. That recognizes that there is a God and that you are a part of that God. It is a form of communion with the highest aspect that you can reach. That would bring forth new things to your Earth plane. Not things of war, and weaponry and destruction, but things of love and beauty and truth."

A Prayer from Yeshua

I was listening to an audio recording of Staying Centered (June 2013) and noticed that something was missing from it when there was a noticeable break in the discussion. Luckily Peter had the original recordings and we were able to ascertain the part that was absent from the audio for whatever reason. It was actually this prayer from Yeshua! As a result, I'm happy to share it with all of you here as it is very powerful.

-Happy New Year!

Brandon Jopko

Father, thank you for hearing me as you have always heard me. Thank you for causing these people to awaken to the truth of their being. That the true healing is of their feeling nature, of their beliefs, for in spirit they are in truth. Let your love so fill their consciousness that they behold no enemy anywhere, not even within themselves. Let them see themselves as you see them. To believe in themselves as you believe in them. For as they express the faith of themselves they are expressing the faith that you have in them. Human kind so frequently mistakes the thought that faith must come from them to you. It doesn't occur to them that faith in its truth comes from you to them. Even as you believe in them, let them believe in you and in themselves, and let there be peace on Earth. And so it is.

- Yeshua, Staying Centered (2013)

Poetry Corner



May Angels Line Your Path

In the cold eve of winter,
When the night stretches from earth to sky,
A tiny light flickers in the dark,
Drawing attention to the shimmers of luminescent yellows and pinks.
Behold, what can this be?
Your Angel whispers, 'Tis I, beloved,
Your Guardian in the depths of all perceived sorrows.
'Tis I who has come to hold your hand.
'Tis I who has come to warm your spirit and to lighten your heart.
Do you not know that the barren feel of winter
Is but a mirror to the heartache of yesterday's sorrows?
But there are bright days ahead.
There *are* brighter days ahead.
Walk with me, your Guardian Angel nudges,
Pointing to the illumined path outstretched.
With welcome and embrace, a multitude of angels joyously await.
May you feel the unity within, they chant.
*May you **trust** you are always beautifully taken care of.*

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Today's Funny



to me. I have learned to choose differently. It is not easy to look Within and see all the height of yourself. In order to grow, I had to become intimate with myself. I have learned that intimacy means 'into me I see'. Truly see oneself, not to hide from oneself. I gave Voice to my fears, in doing so they lost power over how I saw myself.

My last retreat (November) showed me where I was holding different little specs of annoyances and how I could breathe into the place within my heart, where love resides. In there, those specs have no hold on me and I was able to move into the quiet

space in me that holds Love. In this space within me all that is not love does not exist. From this experience I heard:

"God is love and all things exist in the essence of God's love. I exist in the essence of God's love. I am love. I exist in the of Love of All that exists. As I exist within God, I am God's Love. You are the essence of God's Love; therefore, I exist within you and you within me. There is no end to my expansion of Love for I am living in the Hearts of man . The God of me lives in the hearts of all."

Much love and gratitude to all who shared my

journey this year. Much love to all who follow their own Journey. As one we grow, as one we learn, as one we heal. I'm looking forward to the New Year, a year of learning about my heart's desire. A desire to know the deepest truest LOVE of the God in all. I will continue the intimate journey of looking into my heart. And I will rejoice with you in your journey of learning your heart's desire.

Blessings in LIGHT and LOVE,

Tammy Roupp

November 17, 2017

SGF's Vision & Mission

Vision:

An enduring organization that provides and sustains a spiritual home, centered in the Light, uplifted in Spirit and Truth.

Mission:

- Encourage all to live from their God-Self, radiating spiritual awareness and integrity as a way to navigate everyday life
- Offer opportunities to teach and heal and support efforts to do so
- Preserve, clarify, expand and disseminate teachings of Yeshua, Archangel Gabriel, and other spiritual teachers

Message from the Editor-Clearing the Discontent



For those who attended the December 1st-3rd retreat at White Eagle, I wanted to share my experience

immediately afterwards because some of you may have experienced the same thing. For me, one key part of the retreat was being aware of the discontent in my life which serves as a clue of what to become aware of and work on in order to clear. Sure enough, the three days following the retreat presented many opportunities for me to use my beingness, my knowingness, and my power.

On the Monday following, I developed hemorrhoids; something that I've never had before! Needless to say, I was quite perturbed for having this, right after a retreat no less. If you've ever had this ailment before, it's quite uncomfortable. It continued Tuesday at which point I looked for the cause of it in Louise Hay's, *You Can Heal Your Life*. In it, it says hemorrhoids are due to "anger from the past", which

made me think of the message I received from Mary after my healing at the retreat. She told me, "A deep fear has been removed, but it will continue to be worked on." The alarm bells went off as this made a lot of sense to me even though I wasn't consciously aware of this deep fear or anger. I knew this physical ailment was presented to me so that I can clear it, and I knew I would.

On Wednesday night, I meditated and asked my guides and angels to help me understand the cause of the "anger of the past." What I received told me that this anger was a deep fear of not being loved. I was ecstatic to have gotten this message and it made total sense from what Mary told me.

From there, I asked my soul memory to erase all the memories associated with this fear of not being loved and then I asked the Holy Spirit to fill that, now empty space, with the knowingness that I am loved unconditionally, always. And guess what, upon waking up Thursday morning, three days after getting hemorrhoids, it was gone! It resided no more in me. I was healed.

There were some other things too that came up im-

mediately after the retreat that I had to work on. Specifically, I fell back into a pattern of distracting myself from living my truth, which is what I was struggling with before the retreat. Secondly, I was rushing across a street and could have been hit by a car. That run-in brought out a surprising amount of anger and incredibly vulgar words from my mouth directed at the driver. Of course, these situations needed to be cleared because I could have stayed angry at myself and smoldered for days, but that night, I was able to consciously forgive myself for how I reacted and for inviting these experiences into my life. Subsequently I was able to be good to myself, to love myself as I am without holding onto any disdain.

I hope this will serve as a reminder of the power that we have within to clear that which no longer serves us; that we can all embrace the causes of our discontent in our lives, and know that it, too, can be and will be healed.

With the utmost of love,
Brandon Jopko