

Our choice to return to the earth plane during these chaotic times heralds the importance of our presence here and now, as well as our dedication to Union with All. We call those drawn to express brother and sisterhood in Christ to take stock of all we have planted and nurtured in the season of growth.

Join us to witness and enjoy the fruits of your labor as we explore the following:

- What did you plant in your garden?
- Did the seeds of all you nurtured produce what you desired?
- How might you celebrate your harvest and relish the result of your labor?
- What remaining weeds need to be removed to give way for the ongoing cultivation of fertile ground?

To register visit www.sacredgardenfellowship.org

Donald Gilbert is a teacher, therapist, and healer who lives and practices in Albany, NY. He started his career after graduating from Syracuse University in 1970 with a Masters in social work. Currently, he maintains a private practice as a licensed clinical social worker, co-facilitates a spiritual discussion group, and collaborates with Rev. Penny Donovan to provide weekend retreats for deep spiritual healing. Don has integrated his training as a therapist with his many years of spiritual study and practice. Following a miraculous recovery from brain surgery in 1998, he retired as chairperson and professor of Criminal Justice at Hudson Valley Community College to focus on his spiritual therapeutic practice.

Adriene Nicastro is a psycho-spiritual therapist, teacher, healer, and author living in State College, PA. Graduating from Hahnemann University in 1993 with a Master's in Group Psychotherapy, Adriene uses intuitive information blended with psychotherapeutic techniques to guide individuals through deep levels of healing, integrating spiritual development and personal growth. Since 2008, she has studied Sacred Garden Fellowship teachings, co-facilitating her first SGF event in April 2014. Adriene continues ongoing retreat and psycho-spiritual intensive co-facilitation, while privately holding sessions, workshops, and groups locally and internationally. For more information www.pathways2innerpeace.com.